

Weekly Menu

Lakeview Senior Living



	Sun 10-21-2018	Mon 10-22-2018	Tue 10-23-2018	Wed 10-24-2018	Thu 10-25-2018	Fri 10-26-2018	Sat 10-27-2018
B R K	Hot Cereal <i>or</i> Cold Cereal Buttermilk Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Sausage Country Gravy/Biscuits Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Bacon and Egg Casserole Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Raisin French Toast Sausage Link Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Pancakes Bacon Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Cheesy Scrambled Eggs Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cold Cereal Cinnamon Belgian Waffles Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast
L U N	Green Salad Soup Du Jour Scalloped Ham/Potatoes Sauteed Carrots Baked Roll Homemade Cherry Pie	Sunshine Jello Salad Soup Du Jour Chili Lime Chicken Lemon Rice Corn O'Brien Baked Roll Churro	Green Salad Soup Du Jour Swedish Meatballs Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Light Caesar Salad Soup Du Jour Asian Pork Jasmine Rice Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Soup Du Jour Green Salad Hamburger Steak/Onions Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Creamy Coleslaw Soup Du Jour Seafood Lasagna Seasoned Peas Baked Roll Raspberry Sherbet Dessert	Green Salad Soup Du Jour Cranberry Glazed Turkey Roast Homemade Stuffing Caramelized Turnips Baked Roll Fruit Cobbler
D I N	Soup Du Jour Green Salad Turkey Pot Pie California Blend Ice Cream	Soup Du Jour Green Salad Stuffed Baked Potato Marinated Green Bean Salad Brownies	Soup Du Jour Green Salad Teriyaki Chicken Sandwich Veggies in Salad Sugar Drop Cookie	Soup Du Jour Green Salad Baked Ziti Lemon Glazed Carrots Magic Cookie Bar	Soup Du Jour Green Salad Turkey Salad Sandwich Baked Squash Peanut Butter Cookie	Soup Du Jour Green Salad Spanish Beef Rice Bake Fresh Fruit Salad Cream Cheese Danish	Soup Du Jour Green Salad Chicken Curry Salad Sandwich Roasted Zucchini Soft Oatmeal Cookies
Milk offered at every meal							Week 2

Dietitian's Signature: *Diane Jager, RDN*
6-18-2018